S A L T L A K E C I T Y T R A C K C L U B P R E S E N T S

32nd Annual 30K Winter Running Series 2009

5K (1/30/10) 10K (2/13/10) 15K (2/27/10)

Check-in and post-race refreshments will be in the Saltair Pavilion
(16 miles west of Salt Lake City on I-80, exit 104)
Check-in: 9:00 a.m. – 9:45 a.m. Start of race: 10:00 a.m.

Single Event Registration Form

Go to www.slctrackclub.org to download additional forms or register online at www.active.com

First Name: _____ **Last Name:** _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

eMail: _____

Telephone: _____ **Birth Date** (mm/dd/yyyy)**:** _____ / _____ / _____

Age on Race Day: _____ **Male:** ☐ **Female:** ☐ **Shirt Size: S** ☐ **M** ☐ **L** ☐ **XL** ☐ **XXL** ☐

Check if applicable **Clydesdale Division** (Male 200+ lbs., or Female 140+ lbs) ☐

EVENT SELECTION

(Use SERIES Registration form if you want to sign up for 2 or more races)
Please check one: 5K on 1/30/10 ☐ 10K on 2/13/10 ☐ 15K on 2/27/10 ☐
Send check to Salt Lake City Track Club, P.O. Box 520586, Salt Lake City, UT 84106

PRICING FOR SLCTC MEMBERS

My club membership is current ☐
My membership application and payment are attached ☐

Single race registration (technical shirt included while supplies last, guaranteed if pre-registered by 1/27/10) $20 ☐

PRICING FOR NON - CLUB MEMBERS

Single race registration (technical shirt included while supplies last, guaranteed if pre-registered by 1/27/10) $30 ☐

For race day and mail-in pre-registration, payment by cash or check only (no credit / debit cards).

AWARDS

1st Overall M & F; 1st through 3rd M & F each age group; 1st Overall Masters (40+) M & F; 1st Overall M & F Clydesdale
Age Groups: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+
Finishers Medals to all who complete all three Winter Running Series event races
The Winter Series 5K and 10K events have been designated as Utah State Championship Races by the Road Runners Club of America (RRCA)

WAIVER

In consideration of acceptance of this entry, for myself, my heirs, executors, administrators, and assigns, I waive any and all rights and claims for damages I may have against the sponsors, coordinating groups and individuals associated with these races, Salt Lake City, Salt Lake County, their representatives, successors, and assigns, and will hold them harmless from any and all injuries suffered in connection with said event. Also, none of the above are responsible for the loss of personal items, nor any other form of aggravation, in connection with said event. I have been advised that I must be in good health to participate in these races. I give permission for the free use of my name and picture in broadcast, telecast or printed media accounts of the Series in filling out this form. I acknowledge by my signature below, that I have read and fully understood my own liability and do accept restrictions contained herein.

SIGNATURE _____ **Guardian Signature** (if under 18) _____

---------- **FOR OFFICE USE** ----------

$_____Received By_____ Date _____ _____Cash _____Check **BIB NO.** _____